

Editorial | Be one with Nature

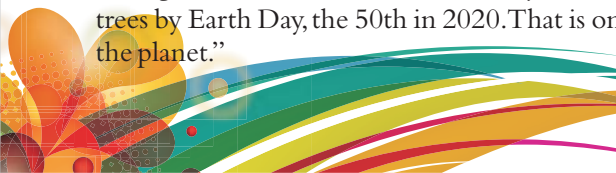
Charu Lata Singh

“Earth Day should encourage us to reflect on what we are doing to make our planet a more sustainable and livable place.”

—Scott Peters

LIVING IN HARMONY with Nature is an integral part of Indian culture. This is abundantly reflected in our traditional practices and day to day religious beliefs & rituals and expressed in our folklore, arts & crafts. We worship 'Mother Earth'. The fundamental principles of ecology; the interrelationship and interdependence of all life were conceptualized in the Indian ethos in the ancient text, the Isopanishad, over 2000 years ago. Earth is the only planet in the Universe having life. Earth Day commemorates Earth's unique place and reminds us of our duty towards other living beings on earth. The first Earth Day was celebrated on March 21, 1971. The theme of 'World Earth Day 2016' is 'Trees for the Earth'!

According to earthday.org, “our planet is currently losing over 15 billion trees each year due to deforestation, land development, and bad forest management. The theme for Earth Day 2016 is a plan to plant 7.8 billion trees by Earth Day, the 50th in 2020. That is one tree for every person on the planet.”



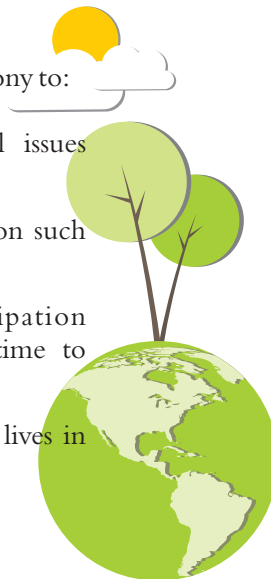
Let us not separate Environment from ourselves, let's care for it and nurture it!

Environment Club

Arun Aggarwal

Dear Residents,
Environmental Club is being formed in our colony to:

- 1 Initiate awareness on environmental issues among residents.
- 2 Encourage participation of residents on such issues inviting their ideas.
- 3 Evaluate impact of the participation /implementation of schemes from time to time.
- 4 Achieve collective betterment of our lives in the colony.
- 5 Make our colony role model for others.



While environment around us touches all aspects of our lives but some of the related issues are like:

- Energy** How to minimize use of POWER without affecting our life style
- Water** How to achieve ZERO wastage of water
- Land** How to beautify our gardens and keep the colony clean
- Health** Control Pollution of Air / Water / Land
- Waste Management** How to minimize/recycle waste economically and with minimum effort

All residents need to be active participants for this initiative for a better quality of life Creative ideas are welcome

International Yoga Day

Continued

Simultaneously, Thyrocare representatives ran a Free Sugar and BP Check Camp.



The residents were pleased to have in their midst local MLA, Sh. Somnath Bharti, who is also a Yoga enthusiast. Sh. Bharti handed over Certificates and the winning Trophy to our Young Footballers, who made us proud by winning the Hindustan Times, Inter RWA tournament.



In true yogic spirit, healthy snacks were served by the RWA, to one and all. Fresh Idlis, Poha and Lemonade was lovingly distributed by the volunteers. Like icing on the cake, a beautiful memento was presented to everyone by Pace to Peace Yoga Studio. Copies of magazine, “Yog Se Rog Nidan” were distributed by Sh. Pandey. Everyone dispersed feeling enriched in more than one way, amidst promises to have an encore soon!

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